

AUSTINTOWN FITCH OPTIMIST INVITATIONAL TRACK MEET

Saturday May 1st 2010 9:15AM

**ENTRY FEE IS \$100.00 FOR ONE TEAM OR \$200.00 FOR BOTH BOYS AND GIRLS. \$10.00 per participant up to Eight (8). ( Nine (9) or more is a full team fee) This will be verified by your online entries. Entries must be paid by Friday April 23<sup>rd</sup> . No meet day entries!**

**ENTRIES WILL BE ONLINE IN 2010. [www.baumspage.com](http://www.baumspage.com)**

**OFFICIAL ENTRY INFORMATION WILL BE MAILED OUT ON MARCH 23<sup>rd</sup>  
REPLY FORMS TO: Ken Jakubec, 5060 Argonne Dr., Austintown, Oh 44515**

**ROB CONKLIN  
DEPARTMENT OF ATHLETICS  
AUSTINTOWN FITCH HIGH SCHOOL  
4560 FALCON DR.  
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**Meet Director KEN JAKUBEC  
runner@raex.com  
Cell 330-651-0329  
Home-330-792-2417  
Fax-330-792-0720**

**SCRATCHES: PLEASE SUBMIT SCRATCHES BEFORE DEADLINE. Last minute changes will be allowed Saturday**

**THERE WILL BE SEMI-FINALS IN THE 100,200,400 METER DASHES AND THE 100HH,110HH HURDLES AND 300 IH FOR BOYS AND THE 300 LH FOR GIRLS, WITH THE FASTEST 8 TIMES GOING TO THE FINALS. .**

**THE STARTING HEIGHT IN THE HIGH JUMP WILL BE DETERMINED BY THE GAMES COMMITTEE. Starting Height is determined by what you submit. (BOYS AND GIRLS POLE VAULT WILL START AT 9:15 am)**

**THE BOYS AND GIRLS SHOT PUT AND DISCUS WILL BE CONDUCTED IN FLIGHTS. THE GAMES COMMITTEE WILL DETERMINE A MINIMUM THROW LINE.**

**THE BOYS AND GIRLS LONG JUMP WILL BE CONDUCTED USING THE OPEN PIT FORMAT. THE GAMES COMMITTEE WILL SET A MINIMUM JUMP LINE.**

**THERE WILL BE A COACHES MEETING AT 9:00 AM**

**SCORING WILL BE 8 PLACES: 10-8-6-5-4-3-2-1 ( FINAL TIMING BY LYNX)**

**AWARDS TO TOP 8 WITH MEDALS TO THE TOP 3. TOP 5 TEAM AWARDS.**

**IF YOU HAVE ANY FURTHER QUESTIONS, CONTACT  
ROB CONKLIN AT FITCH HIGH SCHOOL OR KEN JAKUBEC 330-792-2417 OR CELL 330-651-032**