

## SESSION I

### WEIGHT CLASSES: 106, 113, 120, 126, 132, 138, & 145

7:45 a.m.

Gym Doors Open for Teams. **Only wrestlers competing in Session I are permitted entry unless Dan May grants specific permission. All other wrestlers will not be granted entry.**

8:15 a.m.

Weigh Ins/Skin Checks (106, 113, 120, 126, 132, 138, & 145) – Auxiliary Gym

8:40 - 9:20 a.m.

Warm-ups (See Mat/Team Assignments below)

9:15 a.m.

Doors Open for Spectators (2 spectators/wrestler).

9:30 a.m.

Session I - Wrestling Begins for the following weight classes: 106, 113, 120, 126, 132, 138 & 145. This session will run until completion on three mats.

1:30 p.m.

Anticipated End Time for Session I. All wrestlers, coaches and fans must leave the premises through the gym doors.

## SESSION II

### WEIGHT CLASSES: 152, 160, 170, 182, 195, 220 & 285

2:15 p.m.

Gym Doors Open for Teams. **Only wrestlers competing in Session II are permitted entry unless Dan May gives specific permission. All other wrestlers will not be granted entry.**

2:45 p.m.

Weigh Ins/Skin Checks (152, 160, 170, 182, 195, 220 & 285) – Auxiliary Gym

3:10 - 3:50 p.m.

Warm-ups (See Mat/Team Assignments below)

3:45 p.m.

Doors Open for Spectators (2 spectator/wrestler).

4:00 p.m.

Session II - Wrestling Begins for the following weight classes: 152, 160, 170, 182, 195, 220 & 285. This session will run until completion on three mats.

8:00 p.m.

Anticipated End Time for Session II. All wrestlers, coaches and fans must leave the premises through the gym doors.